

DAY-TO-DAY LIVING:

Welcome to NorQuest College in Edmonton! The city is built around North Saskatchewan River. Edmonton is the capital of the province of Alberta. Its population (including Edmonton Metropolitan Area) is 1.3 million people. Despite its cold temperatures in the winter, Edmonton is one of the sunniest cities in Canada.

The information below will help you navigate the City of Edmonton: how to use the transit system; where to do your banking and where to go for grocery shopping; how to dress for winter and what to do in Edmonton all year round.

Canadian Banks

- [ATB Financial](#)
- [BMO Bank of Montreal](#)
- [CIBC](#)
- [TD Canada Trust](#)
- [HSBC](#)
- [Scotiabank](#)
- [Servus Credit Union](#)
- [RBC](#)

Network Providers (Phone & Internet)

- [Bell](#)
- [Chatr](#)
- [Fido](#)
- [Freedom](#)
- [Koodo](#)
- [Public Mobile](#)
- [Rogers](#)
- [Telus](#)
- [Virgin Mobile](#)
- [Shaw](#)

Subsidized Beauty Services

- [MC College](#)
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Transportation

- [Edmonton Transit System \(ETS\)](#)
- [Cycling in Edmonton](#)
- [Uber](#)
- [CarShare](#)
- [Greater Edmonton Taxi Service](#)

Grocery Shopping

- [No Frills](#)
- [Superstore](#)
- [Safeway](#)
- [Save-On Foods](#)
- [Old Strathcona Farmers Market](#)
- [City Market Downtown](#)
- [Campus Food Bank \(SANQC\)](#)

Shop for gently used items

- [Value Village](#)
- [Habitat for Humanity ReStore](#)
- [Edmonton Emergency Relief Services](#)
- [Goodwill](#)
- [Kijiji](#)

Winter in Alberta

- [How to prepare for winter in Alberta](#)
- [Take care of yourself in the winter](#)
- [How to dress for Alberta winters](#)
- [Weather forecast](#)

Outdoors and Entertainment

Inside Edmonton:

- [Legislature building](#)
 - [Edmonton Parks and River Valley](#)
 - [University of Alberta Botanic Gardens](#)
 - [Metro Cinema](#)
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- [Varscona Theatre](#)
- [Sir Winston Churchill Square](#)
- [Rogers Place and Ice District](#)
- [Art Gallery of Alberta](#)
- [Winspeare Center](#)
- [Royal Alberta Museum](#)
- [Fort Edmonton Park](#)
- [Edmonton Valley Zoo](#)
- [Muttart Conservatory](#)
- [Telus World of Science](#)

Outside Edmonton:

- [Canmore](#)
- [Edmonton Elk Island National Park](#)
- [Kananaskis Provincial Park](#)
- [Jasper National Park](#)
- [Banff National Park](#)
- [Waterton Lakes National Park](#)
- [Pigeon Lake Provincial Park](#)
- [Long Lake Provincial Park](#)
- [Aspen Beach Provincial Park](#)
- [Sylvan Lake](#)

Festivals in Edmonton

Winter:

- [Deep Freeze](#)
- [Ice on Whyte](#)
- [The Flying Canoe](#)

Summer:

- [Edmonton Jazz Festival](#)
- [Street Performers Festival](#)
- [Taste of Edmonton](#)
- [K-Days](#)
- [Edmonton Heritage Festival](#)
- [Fringe Festival](#)
- [Edmonton Folk Fest](#)

Questions? Email: Samantha.Parchment-Andrews@norquest.ca or [book an appointment](#) with a settlement advisor to discuss your options.
